

CAPTAIN'S CANDIDACY APPLICATION

I. Personal Information

Name _____ Date _____

Grade _____ Address _____

Phone number _____ Email _____

Think of three words that you think best describes your soccer team.

Think of three words that you think best describes your school. What makes our Waseca High School unique?

II. Academic Eligibility

I attest that I _____ has earned a _____ Cumulative GPA at this time. _____

III. Sports History

Please list sports played and athletic awards you have won. (Varsity letter, JV Certificate, etc.)

GRADE	SPORT	AWARD
7		
8		
9		
9		
10		
10		
11		
11		
12		
12		

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IV. Please list any academic honors you have earned at Waseca High School.

V. What are 5 most important qualities a Captain must have?

Define Leadership

What would you personally bring to the position of team captain that would be different from other candidates?

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What ideas do you have to help make your team more successful?

Leaders aren't born, they are made. And they are made just like anything else, through hard work. If you agree with this sentence, how you would encourage this team member that is constantly complaining about training, the practice length, and the way that she is being coached?

You are a team captain and you have become aware that a few team members, one of which is your best friend, are planning to go to a party tonight. You know that we are having a game tomorrow. How would you handle this situation?

When my body gets tired, my mind says "this is where winners are made". When my mind gets tired, my heart says "this is where champions are made". If you agree with this sentence, how would you encourage every team member to give theirs 100%? Especially that you see some of them not trying as hard as the rest of the team members?

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You are calling to play at a Saturday scrimmage and 2 girls get upset and say that they don't want to play soccer and don't want to do it. What would you do in this situation? How would you handle this situation?

Negativity from team members can become a real problem. Tell me your thoughts on how negativity gets started and the effects it can have on a team. What can you do as a leader to help with this problem? What if the negativity is coming from the leader? What are your thoughts on that? What if the negativity is solely towards you as the leader, how will you be able to handle that?

Cliques naturally form on teams, and that is to be expected and is ok. But what would you do as a leader when you begin to hear 1 group bad mouthing another group? How would you handle this situation?

What happens when you are tired and you have senioritis ... how do you keep your focus and energy up, especially when everyone around you is just as tired? How would you handle this situation?

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VI. References

Submit 2 letters of recommendation from current teachers, school staff, and/or, community leaders by Monday, September 10th, 2018. These letters should state the following:

- How long the teacher has known you.
- Your performance as a student/participant for this teacher.
- What leadership qualities this teacher has witnessed.
- How well this teacher believes you will perform the duties of a Waseca Girls Soccer Captain.

Recommended by:

VII. Requirements

In order to apply each candidate must:

- Must have a GPA of 85 (3.5) or higher. (Student athletes, education is a priority).
- Be in good behavioral standing in the school and community.
- Each Applicant will give a speech to the rest of the team members expressing their philosophy on being a Captain and what they see their role on the team being on a date to be determined after tryouts. A typed copy of this speech or speech outline is to be turned in prior to giving the speech.
- Demonstrate your soccer skills in team tryouts in front of Waseca High School coaches during camp, tryouts, and during the Fairmont scrimmages. **During school soccer season Captains should honor the position by ensuring that academics goals, and soccer expectations are met.**

PLEDGE:

I _____ am fully aware of all the requirements of applying to be a Captain's candidate. I realize violation of these requirements will lead to my removal as a candidate for team captaincy. I also swear that all information included in this application is truthful.

(Candidates Signature)

I _____ fully support my child's captain's candidacy and am fully aware of the responsibilities my child is accepting with this application.

(Parent/Guardian Signature)

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BLUEJAYS CAPTAIN'S PLEDGE

I realize that being selected to the position of team captain carries with it more responsibility than being just a team member; others in the school and greater community look to me as a leader and role model. I will do my best to exemplify the qualities that the Administration, Athletic Department, Head Coach and Waseca school community expect of me. I pledge to adhere to this code of conduct all year-round.

CODE OF CONDUCT

I pledge to:

- Follow the Athletic Training Rules by remaining chemical free (I will not use tobacco, alcohol or illegal drugs).
- Conduct myself in a manner consistent with the Waseca High School Expectations as outlined in the Athletic Handbook.
- Earn the respect of my teammates, the school community and the communities of the town of Waseca.
- Be a good citizen (I will demonstrate respect, loyalty, cooperation, trustworthiness, selflessness, honesty, compassion and pride in my school and its positive reputation).
- Demonstrate good school behavior (I will be punctual and abide by school rules).
- Demonstrate positive academic qualities. (I commit to academic progress and my best effort).
- Demonstrate positive athletic qualities (I commit myself to good skills, dedication, commitment to the sport, good sportsmanship, hard work, teamwork and communication skills).
- Be willing to act as liaison between teammates, coaches, director of athletics, and other appropriate school personnel.

SIX TRAITS OF ATHLETIC LEADERSHIP

1. Inspire her teammates.
2. Earn respect of fellow team members through word and deed.
3. Make appropriate choices on and off the athletic field.
4. Follow coaching instruction in letter and spirit.
5. Act as a communication liaison between coach and athletes and athletes themselves.
6. React at her best when under stress.

PLEASE NOTE THAT THIS IS A 12-MONTH COMMITMENT

Waseca Girls Soccer Captain for the 2018-2019 season, the elected position is a 1 year term.

Signature of Captain:
